

Did you know?

The vast majority of people who use our services have some useful vision

95%

224,000

people in Ireland have a vision impairment

Who is NCBI?

NCBI is the national sight loss organisation. We provide a wide range of services to people who are blind or vision impaired in Ireland.

95% of the people who use our services have some useful vision and are not totally blind.

Contacting NCBI for the first time

You are reading this leaflet because it has been suggested that you get in contact with NCBI. This can be unexpected and could be a cause of concern or it may give you a sense of relief to find out that support is available.

To relieve any concerns that you may have, this leaflet aims to explain who we are, what we do and what to expect from your first visit to NCBI.

What we do

NCBI provides practical and emotional support, rehabilitation services and other training designed to help people with sight loss to live independently. By contacting NCBI, you will have access to a wide range of services, including:

- A low vision assessment to assess your current level of vision and look for solutions to any difficulties you might be having,
- Practical solutions to dealing with sight loss to help make everyday life easier,
- Advice on magnification devices to help with reading,
- Emotional support or counselling,
- Guidance and training in the use of a wide range of technology solutions,
- Skills to help you get out and about safely and independently.

Vision loss: your next steps

How to avail of our services

You can avail of our services by filling out our online self-referral form at www.ncbi.ie or call us Monday to Friday, from 9am to 5pm on Tel:

01 830 7033.

What happens next?

- A telephone conversation will help us gain a better understanding of your needs.
- This is usually followed by a face-to-face appointment with your local NCBI support worker.
- During your first appointment we will talk to you further about any concerns or difficulties that you are having and find solutions together.



NCBI
Working for People
with Sight Loss

 **01 830 70 33**

 **www.ncbi.ie**

 **info@ncbi.ie**



Association of
Optometrists Ireland



Irish College of
Ophthalmologists
Eye Doctors of Ireland, protecting your vision

